

**SYLLABUS OF THREE YEAR DEGREE  
COURSE**

**(Semester Pattern)**

**Subject: - Home Science**

**(Major /Core)**

**NORTH LAKHIMPUR COLLEGE  
(AUTONOMOUS)**

**B.A. /B.Sc. (CORE/ MAJOR) PROGRAMME**  
**HOME SCIENCE (HSC)**

SEMESTER	COURSE CODE	COURSE TITLE	CREDIT		L	T	P
			THEORY	PRACTICAL			
I	CT-5-HSC-101	Introductory Home Science	5	-	4	1	0
II	CT-3-HSC-201	Life Span Development	3	-	2	1	0
	CP-2-HSC-202	PRACTICAL	-	2	0	0	2
	CT-3-HSC-301	Introduction to Clothing & Textiles	3	-	2	1	0
III	CT-3-HSC-302	Housing and Interior Decoration	3	-	2	1	0
	CP-2-HSC-303	PRACTICAL	-	2	0	0	2
	CT-3-HSC-401	Food and Nutrition	3	-	2	1	0
IV	CP-2-HSC-402	PRACTICAL	-	2	0	0	2
	CT-3-HSC-403	Applied Textile Designing	3	-	2	1	0
	CP-2-HSC-404	PRACTICAL	-	2	0	0	2
	CT-5-HSC-501	Family Nutrition	5	-	4	1	0
V	CT-5-HSC-502	Dietetics and Dietary Management	5	-	4	1	0
	CT-5-HSC-503	Family Resource Management	5	-	4	1	0
	CP-4-HSC-504	PRACTICAL	-	4	0	0	4
	CP-2-HSC-505	PRACTICAL	-	2	0	0	2
	CT-5-HSC-601	Family Clothing and Construction	5	-	4	1	0
VI	CT-5-HSC-602	Life Span Development and Children With Special Needs	5	-	4	1	0
	CT-5-HSC-603	Home Science Extension and Education	5	-	4	1	0
	CP-4-HSC-604	PRACTICAL	-	4	0	0	4
	CP-2-HSC-605	PRACTICAL	-	2	0	0	2

**1<sup>ST</sup> SEMESTER**

<b>TITLE OF THE PAPER</b>	<b>NAME OF THE PAPER</b>	<b>CREDIT HOURS</b>
<b>CT-5-HSC-101</b>	<b>Introductory Home Science</b>	<b>5</b>

**CT-5-HSC-101**

**Introductory Home Science (Theory)**

**No of class; 112**

**L-4, T-1, P-0**

**UNIT I Introduction to Home Science**

- i. Meaning, definition, philosophy and objectives of Home Science.
- ii. History of Home Science in India and its development.
- iii. Vocational opportunities of Home Science.

**UNIT II Methods of teaching**

- i. Different methods of teaching
- ii. Selection of method.
- iii. Lesson plan, preparation of lesson plan
- iv. Problems in use of teaching method.

**UNIT III Educational Technology**

- i. Meaning and importance of technology.
- ii. Meaning, definition ,objectives, characteristics' of educational technology.
- iii. Aspect of educational technology.
- iv. Communication process- Definition, Characteristics, scope, type

**UNIT – IV Curriculum planning and evaluation**

- i. Principles governing curriculum construction.
- ii. Organization of syllabus.
- iii. Role of evaluation.
- iv. Steps in the process of evaluation.
- v. Major types of test.
- vi. Problems in use of test.

**UNIT- V Computer in Home Science**

- i. Meaning, characteristics and types of computer.
- ii. Computer system, organizational computer, instructional use of computer.
- iii. Advantages and disadvantages of computer.
- iv. The internet    v. Types of software used in different areas in Home Science.

## 2<sup>ND</sup> SEMESTER

TITLE OF THE PAPER	NAME OF THE PAPER	CREDIT HOURS
CT-3-HSC-201	Life Span Development	3
CP-2-HSC-202	PRACTICAL	2
<b>TOTAL</b>		<b>5</b>

### CT-3-HSC-201

#### Life Span Development (Theory)

No of class; 64

L-2, T-1, P-0

#### UNIT-I Child Development

- i. Concept of child development
- ii. Methods of child study.
- iii. Growth and Development
- iv. Principle of growth and development, factors influencing growth and development
- v. Developmental Task

#### UNIT-II Pre and post natal development and care.

- i. Diagnosis.
- ii. Stages of pre- natal development.
- iii. Physical change during pregnancy.
- iv. Care of pregnant mother.
- v. Common physical hazards.
- vi. Types of birth and birth injury.
- vii. Care of the mother, new born and premature baby.
- viii. Importance of breast feeding.
- ix. Immunization.
- x. Importance of early stimulation.

#### UNIT -III Early Childhood Education and Care

- i. Characteristics of Early childhood
- ii. Physical, motor, cognitive, socio- emotional and personality development of early childhood.
- iii. Definition and importance of pre- school education.

- iv. Types of Early Childhood Education (ECE).
- v. Objectives of Nursery School, play equipment, building of Nursery School.
- vi. The Pre- School Teacher, Home School relationship.
- vi. Programme of Pre School.
- vii. Record and report maintenance of ECE.

**UNIT-IV: Understanding late childhood (6-12year)**

- i. Characteristics of late childhood.
- ii. Developmental task of late childhood.
- iii. Areas of development – Physical, socio, emotional, moral, cognitive and personality development.

**UNIT -V Adolescence Period (13-19 year)**

- i. Definition and meaning of adolescence.
- ii. Characteristics of adolescence.
- iii. Developmental Task.
- iv. Different developmental areas.
- v. Interest of early and late Adolescence.
- vi. Problems of adolescent and their counseling.

**CP-2-HSC-202**

**PRACTICAL**

**No of class; 64**

**L-0, T-0, P-2**

- I. Observation and Participation in nursery school
- II. Preparation of teaching aids for nursery School.
- III. Preparation of report.

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### 3<sup>RD</sup> SEMESTER

TITLE OF THE PAPER	NAME OF THE PAPER	CREDIT HOURS
CT-3-HSC-301	Introduction to Clothing & Textiles	3
CT-3-HSC-302	Housing and Interior Decoration	3
CP-2-HSC-303	PRACTICAL	2
TOTAL		8

#### CT-3-HSC-301

#### Introduction to Clothing & Textiles (Theory)

No of class; 64

L-2, T-1, P-0

#### UNIT -I: Introduction to clothing

Introduction to clothing, function and needs of clothing, Socio- psycho aspects of clothing.

#### UNIT -II: Introduction to textiles:

- I. Definition – textiles, fibre, yarn, filament (mono and multifilament).
- II. Classification of textile fibre.
- III. Manufacturing process, general properties and uses of different textile fibres (cotton, silk, wool, rayon, and polyester or nylon).
- IV. Identification of textile fibres, importance and method of identification –visual, microscopic, burning and solubility tests.

#### UNIT -III: Yarn making

- I. Methods of yarn making –filaments and staple yarn
- II. Types of yarn-simple and fancy

#### UNIT-IV: Fabric Construction- Different methods of fabric construction

- I. Weaving and different types of weave
- II. Knitting
- III. Felting
- IV. Bonding,
- V. Difference between woven and non woven fabrics,
- VI. Blended fabric – Introduction and some examples.

## **UNIT –V: FABRIC FINISHES-**

- I. Meaning of “finish”, aims and types of finishes used, different method of finishing process.  
Special purpose of finish.

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### **CT-3-HSC-302**

#### **Course title: Housing and Interior Decoration**

**No of class; 64**

**L-2, T-1, P-0**

#### **UNIT-I : Housing**

- i) Importance of housing
- ii) Types of housing
- iii) Principles of house Planning-  
Aspect, Prospect, Privacy, roominess, grouping, flexibility, circulation and practical consideration.
- IV) Disposal of solid and liquid waste.

#### **UNIT-II: Financial Considerations-**

- i) Availability of fund for housing: HDFC, LIC, Co-operative, house, society, bank.
- ii) Care and maintenance of house- floor, window.

#### **UNIT III: Interior decoration**

- I. Introduction –definition of design and types of design, elements of art and principles of Design, colour and colour schemes.
- II. Objective of planning and furnishing a home –Functionalism, Beauty, Comfort, expressionism, Personality, modernism.
- III. Factor influencing furnishing decision.  
Climate, family needs and preference, Availability of materials in the market, Financial Limits.

#### **UNIT-IV: Materials available and their uses in interior.**

- i. Building materials
- ii. Furniture arrangement-: Selection of furniture’s, general rules of furniture arrangement,. Furniture arrangement of different rooms.

#### **UNIT – V: Decorative Accessories**

- i. Window treatment
- ii. Light in interior
- iii. Decorative Accessories-Types, selection, picture mounting, flower arrangement.
- iv. Indian, regional, traditional and contemporary arts-and their use in floor decoration, home decorations

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**CP-2-HSC-303**

**PRACTICAL**

**Part –A**

**No of class; 64**

**L-0, T-0, P-2**

**Unit I:**

i. Identification of textile fibre- microscopic test, burning test and solubility test of cotton, wool, silk and manmade fibre.

**Unit II:**

i. To make samples of basic hand stitches- tacking, running, back, hem, slip, blanket etc.

ii. To make samples, of various constructive stitches- seam and seam finishes, fullness-, pleats and gathers, bias- joining, facing and binding, placket opening, fasteners etc.

**Part -B**

**Unit- I**

I. Application of art principle in interior decoration.

II. Preparation of colour wheel and colour schemes.

**Unit -II**

I. Arrangement of furniture's of different rooms.

II. Window treatment.

III. Flower arrangement

**Unit III:**

i. Practical note book-

ii. Viva voice-

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#### 4<sup>TH</sup> SEMESTER

TITLE OF THE PAPER	NAME OF THE PAPER	CREDIT HOURS
CT-3-HSC-401	Food and Nutrition	3
CP-2-HSC-402	PRACTICAL	2
CT-3-HSC-403	Applied Textile Designing	3
CT-2-HSC-404	PRACTICAL	2
TOTAL		10

#### CT-3-HSC-401 Food and Nutrition

No of class; 64

L-2, T-1, P-0

#### UNIT- I Introduction to Nutrition

- i. Brief history of nutritional science.
- ii. Scope of Nutrition
- iii. Concept and definitions of terms -health, food, nutrient, nutrition, malnutrition.
- iii. Importance and functions of food.

#### UNIT -II Food groups and nutrients

- i. Classification of food.
- ii. Various food groups.
- iii. Nutrients present in food.

#### UNIT-III Nutrition in human body

- i. Digestion of food.
- ii. Absorption.
- iii. Metabolism.

#### UNIT-IV Food Preparation

- i. Cooking of foods.
  - a) Methods of cooking – conduction, convection, radiation, microwave heating.
  - b) Cooking media- cooking in air, cooking in water, cooking in steam, cooking in fat
  - d) Microwave cooking- its advantage and limitations

- ii. Effects of cooking on different nutrients.
- iii. Minimize the loss of nutrients while cooking.
- iv. Methods of enhancing nutritive value of food.

#### **UNIT-V Food Preservation**

- i. Introduction, objectives, methods of preservation, causes of food spoilage,
- ii. Preservation of fruits, vegetable, flesh food, milk.
- iii. Storage of food.

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### **CP-2-HSC-402 PRACTICAL**

**No of class; 64**

**L-0, T-0, P-2**

#### **Unit I**

- i. Weights and their equivalent measures
- ii. Study of Common terms used in cooking

#### **Unit -II**

Preparation of two items each from the following groups by using different cooking methods.

- i. Cereals and pulses
- ii. Meat /fish/egg/and milk and milk based
- iii. Cakes and cookies
- iv. Jam/jelly /squash and pickle [fruits and vegetables]

#### **Unit III:**

- i. Practical note book-
- ii. Viva voice-

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**CT-3-HSC-403**  
**Applied Textile Designing (Theory)**

**No of class; 64**

**L-2, T-1, P-0**

**UNIT-I Design:-**

- I. Meaning of applied textile design
- II. Definition of 'motifs' and 'design'.
- III. Types of design -structural and Decorative design-
- IV. Naturalistic, geometric and stylized motifs
- V. Brief introduction of computer Aided design.

**UNIT -II Weaving and knitting**

- I. Introduction to weaving accessories-parts of loom
- II. Types of loom –loin loom, throw shuttle, fly shuttle, doobby and jacquard.
- III. Manufacturing process of weaving –reeling, spinning, bleaching, degumming, sizing, dyeing warping, beaming and weaving (in brief)
- IV. Knitting- Principles and classification.

**UNIT-III Dyeing and Printing**

- I. Introduction to dyeing and printing, classification of dyes, method of dyeing and printing (tie & dye, batik, block and stencil Printing).
- II. Suitability of Dyes to different fabrics.
- III. Defects of dyeing and printing.

**UNIT-IV Study of Indian Traditional woven Textiles**

- i) Meaning of traditional textiles and costumes
- ii. Brief study of traditional textile of different states of India with special reference to North East.

**UNIT-V Indian traditional embroidered textiles**

Kasuti, Kantha, Manipuri, Kashmiri, Phulkari, Applique work, Chikankari etc.(any four)

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## CT-2-HSC-404

### PRACTICAL

No of class; 64

L-0, T-0, P-1

#### Unit I Textile Design:

- a) Structural design and decorative design
- b) Naturalistic, geometrical and stylized motif
- C) Enlarging and reducing a motif, Placement of design/ motif

#### Unit II Weaving and knitting

- i. To collect and identify different samples of woven and knitted fabrics

#### Unit III

- i) To make sample of Indian Traditional Embroidery (any two) and Decorative stitches (any two):  
sample of various contemporary embroideries like shadow works, smocking, honeycomb, cut work, appliqué work, drawn thread work etc.
- ii) Prepare the samples of dyeing- a) Tie & Dye b) Batik
- iii) To make samples of hand printing-- a) Block printing b) Stencil printing
- IV) Collect different textile designs of Assam

#### Unit III:

- iii. Practical note book-
- iv. Viva voice-

### 5<sup>TH</sup> SEMESTER

TITLE OF THE PAPER	NAME OF THE PAPER	CREDIT HOURS
CT-5-HSC-501	Family Nutrition	5
CT-5-HSC-502	Dietetics and Dietary Management	5
CT-5-HSC-503	Family Resource Management	5
CP-4-HSC-504	PRACTICAL	4
CP-2-HSC-505	PRACTICAL	2
TOTAL		21

#### CT-5-HSC-501

#### Family Nutrition

No of class; 112

L-4, T-1, P-0

#### UNIT- I Recommended dietary allowances and dietary guidelines, balanced diet

- i. Concept of recommended dietary allowance
- i. Importance of R D A
- iii. Concept of balanced diet, Factors affecting balanced diet, Dietary requirement for different age group and different economic conditions. Dietary requirement for different physiological condition. (Pregnant and lactating period.)

#### UNIT -II Meal Planning

- i. Principles of meal planning, Factors affecting meal planning.
- ii. Planning of normal diet for various age & sex groups, physiological condition, working condition, economic condition.

#### UNIT -III Food adulteration

- i. Classification of toxic chemicals.

- ii. Detection of food adulterants.
- iii. Common adulterants in food and their effects on health.
- iv. Law governing food standards significance – PFA, FPO, ISI, Agmark, meat product order.

**UNIT – IV Nutritional Status.**

- i. Meaning and objectives of studying Nutritional Status.
- ii. Assessment of Nutritional Status.

**UNIT- V Community Nutrition.**

- i. Definition, scope, objectives of community nutrition education. ii. Channels of Nutrition education of the community.
- iii. Nutrition education methods.

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**CT-5-HSC-502**  
**Dietetics and Dietary Management**

**No of class; 112**

**L-4 T-1, P-0**

**UNIT – I Diet Therapy**

- i. Concept of diet therapy, principle and objectives of diet therapy.
- ii. Factors to consider in planning, therapeutic diets.
- iii. Routine hospital diet.
- iv. Special feeding method.

**UNIT –II Nutritional deficiency diseases and diet during deficiency diseases**

- i. PEM.
- ii. Nutritional anemia.
- iii. Iodine deficiency.
- iv. Vitamin B12 deficiency.

**UNIT III: Therapeutic diet**

- i. Diets for common disorders
  - a) Fever , diarrhea, constipation
  - b) Diabetes Mellitus, peptic ulcer, renal disease, cardio-vascular, liver disease.

**UNIT – IV Dietary modification**

- i. Pre and Post operative diet
- ii. Over weight and under weight.

## **UNIT – V Dietician**

- i. Role and responsibilities of dietician.
- ii. Classification.
- iii. Code of ethics
- iv. Diet Counseling.

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## **CT-5-HSC-503**

### **Family Resource Management**

**No of class; 112**

**L-4, T-1, P-0**

UNIT-I : Introduction to family resources management

- i) Family –stages of family life cycle
- ii) Resources –meaning, different types, characteristics
- iii) Management –meaning of Home management

### **UNIT –II: Factors of management**

- I. Motivating factors of management -values, goals, standards
- II. Decision making-meaning, types, steps in resolving conflicts
- III. Management Process – planning, controlling and evaluation

### **UNIT-III: Management of resources**

- i) Time –Introduction, steps in making time plans
- ii) Energy management –Energy management, Fatigue, -types, Causes and effect of fatigue
- iii) Techniques of work simplification.

### **UNIT IV : Financial management**

- i) Income management – types and sources, methods of handling income, budgeting and record keeping.
- ii) Savings and investment- objectives, types of saving, bank insurance, post office, private and public sector schemes. Provident fund – pension , investment, objectives, principle, types investment.

### **UNIT – V: Tax and Credit**

- i) Taxation- Needs for taxation, types- direct and indirect tax 5 Lectures
- ii) Credit- Types of credit, family's use of credit.

### **UNIT – VI : Consumer Education**

- i. Consumer- Meaning, Definition, Duties, Rights and responsibilities.
- ii. Consumer Protection- Importance, awareness, Government Aided standards, Consumer Protection Laws.

- iii. Market- Definition, Types, price fixation.
- iv. Consumer Education- Needs and Importance, Methods of Educating consumers.

### **UNIT – VII : Entrepreneurship Development**

- i. Meaning, Definition, Importance and scope of entrepreneurship.
- ii. Skill and abilities of an entrepreneur.
- iii. Financial agencies supporting entrepreneur.

### **CP-4-HSC-504**

#### **Practical**

**No of class; 128**

**L-0, T-0, P-4**

### **UNIT I – Family Nutrition**

- i. Meal planning for different age group, working condition, economic condition in relation to special Nutritional requirements-pre school, school going, adolescent, adult worker, pregnant, lactating, old age
- ii. Preparation of balanced diet for –
  - a) Pre school
  - b) Adolescence
  - c) Pregnant or lactating mother.

### **UNIT II: Dietetics - Dietetics and dietary management**

- i. Visit a local Hospital to see the set up of the dietary unit and to see the normal and modified menu given to the patients and prepare report on it / Project on diet pattern of patient suffering from common disorders.
- ii. Planning of routine hospital diet and its use as therapeutic diet.
- ii. Planning of diet for fever, ulcers, diabetes mellitus, deficiency disease, renal disease (prepare any four)
- iii. **Practical note book**  
**Viva voice**



**CP-2-HSC-505**

**Practical**

**No of class; 64**

**L-0, T-0, P-2**

**UNIT I: FRM- House planning and Resource Management.**

- i) House plans for any income group.
- ii) Planning budget for different income group.
- iii) Expenditure pattern of different stages of family.
- iv) Preparation of individual time plan.
- v) Critical analysis of labels, brands of consumer product, standardized marks, weights and measures.

**Practical note book**

**Viva voice**

## 6<sup>TH</sup> SEMESTER

TITLE OF THE PAPER	NAME OF THE PAPER	CREDIT HOURS
CT-5-HSC-601	Family Clothing and Construction	5
CT-5-HSC-602	Life Span Development and Children With Special Needs	5
CT-5-HSC-603	Home Science Extension and Education	5
CP-2-HSC-604	PRACTICAL	2
CP-4-HSC-605	PRACTICAL	4
TOTAL		21

### CT-5-HSC-601

#### Family Clothing and Construction

No of class; 112

L-4, T-1, P-0

#### UNIT-I Family clothing

- I. Selection of fabrics for clothing –factors influencing selection of fabric –age, season figure, occupation, fashion and occasion.
- II. Clothing for different age groups –infants, toddlers, pre school, elementary school, adolescents and adult’s attire.
- III. Clothing expenditure of the family.

#### UNIT-II Aesthetics in dress

- I. Application of art principle in apparel making
- II. Colour schemes in dress

#### UNIT-III Care of clothing

- I. Laundry work- study of laundry equipments, water, soap, soapless detergents, stiffening agent, stain removal, dry cleaning, principles of washing –laundering of cotton, wool and silk.
- II. Mending
- III. Storing of clothes.

**UNIT-IV Principles of clothing Construction.**

- I. Importance and Scope, Clothing construction terminology
- II. Body measurement –anthropometric measurement, methods of taking body measurement.
- III. General Principles of clothing construction-drafting and making paper patterns.

**UNIT-V Consumer Textiles and clothing.**

- I. Importance of textile industry in Indian Economy.
- II. Quality control, standardization, labeling consumer organization.
- III. Problems in textile industry.

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**CT-5-HSC-602**

**Life Span Development and Children With Special Needs  
Group-A**

**No of class; 112**

**L-4, T-1, P-0**

**Life span development- Part II**

**UNIT-I Adulthood – Early and Middle**

- i. Meaning of adulthood
- ii. Characteristics of adulthood.
- iii. Vocational adjustment.
- iv. Family adjustment.

**UNIT-II: Oldage.**

- i. Concept and characteristics of oldage.
- ii. Adjustment to physical changes in old age.
- iii. Adjustment to changes in family life .
  - a. Adjustment to loss of spouse in old age.
  - b. Institutional living for the elderly.

## **Group- B**

### **Children with special needs**

#### **UNIT-I Children with special needs**

- i) Concept of children with special needs and its classification.
- ii) Rights of disabled children.
- iii) Special education in India

#### **Unit-II The child with sensory deficits**

- A) Auditory impairment .
- i) Definition, Meaning and classification of hearing impairment.
  - ii) Causes, prevalence and preventive measures of hearing loss.
  - iii) Characteristics of hearing impaired children.
  - iv) Educational provisions.
  - v) Support and counseling for family, services of rehabilitation.
- B) Visual impairment.
- i) Definition – blindness and partially sighted.
  - ii) Causes, prevention and treatment.
  - iii) Educational provisions for visually handicapped children

#### **UNIT-III Child with Mental Retardation**

- i) Definition, Meaning and classification of Mental retardation
- ii) Causes, prevalence and preventive measures of mental retardation
- iii) General characteristics of mentally retarded children
- iv) Educational provisions of mentally retarded children.

#### **UNIT IV: The child with learning disability**

- i. Concept of learning disability and its meaning.
- ii. Cause of learning disability.
- iii. Characteristics- language, perceptual and motor ability, social and emotional disorder.

#### **Unit -V**

##### **A. The child with speech and language disorder.**

- i) Meaning of speech and language handicap.
- ii) Identification of speech disorder.
- iii) Classification of speech disorder.

##### **B. Education of exceptional children [in brief] gifted, backward, creative and delinquent.**

## **UNIT VI: Physical disability-**

- i. Concept
- ii. Types
- iii. Education and rehabilitation

### **CT-5-HSC-603**

#### **Home Science Extension and Education**

**No of class; 112**

**L-4, T-1, P-0**

## **UNIT – I Home Science Extension**

- i. Concept of Home Science Extension.
- ii. Philosophy, objectives, characteristics of Home Science Extension.
- iii. Steps and approaches in Home Science Extension.
- iv. Qualities of Home Science Extension worker.
- v. Different extension programmes.

## **UNIT – II Communication**

- i. Meaning, definition, origin of communication
- ii. Scope, function, elements and problems of communication
- iii. Importance of communication in extension work
- iv. Types of communication
- v. Mass communication
  - a. Concept, nature, scope and theories of mass communication
  - b. Use of Mass communication in extension work
  - c. Models of Mass communication- print media, broad casting- Radio, TV, non- broad casting- cassette, CD, internet.

## **UNIT-III Concept of Adult/ continuing and non – formal education.**

- i. Meaning of Education, Non- Formal education, adult education.
- ii. Communication in Non- formal education.
- iii. Purposes of adult / continuing / Non –formal education.
- iv. Non – formal education for children in rural areas.

## **UNIT: IV Teaching Aids**

- i) Meaning and definition of teaching aid
- ii) Cone of experience

- iii) Selection of teaching aids
- iv) Classification of teaching aids.

### **UNIT: V Population Education /Sex Education**

- i) Meaning, objectives, importance of population education, Population explosion
- ii) Family Planning –concept, Objective, importance.
- iii) Meaning and objective of sex education
- iv) Role of different agencies (home, school, community) in imparting sex education.

### **UNIT- VI Extension Programme Planning**

- I. Principles of extension Programme Planning
- II. Objective and execution of Programme
- III. Extension evaluation

### **CP-2-HSC-604**

#### **Practical**

**No of class; 64**

**L-0, T-0, P-2**

### **UNIT I Home Science Extension and Education**

- i. Preparation of teaching aid (Any four)
- ii. Project on any one area of Home Science/ Extension programme.

**Practical note book**

**Viva voice**

### **CP-4-HSC-605**

#### **Practical**

**No of class; 128**

**L-0, T-0, P-4**

### **UNIT I Family Clothing Construction**

- i. Study of the equipment and supplies used in clothing construction
- ii. Mending- to make sample of darning & patching.

iii. Removal of common stain- grass, tea, coffee, curd, ink, lipsticks, paint, egg, chocolate (any five).

iv. Preparation of personal basic and sleeve blocks.

a) Fitting the block.

b) Adaptation of block to various designed garment- saree blouse/ nighty/housecoat/ kameez.

c) Construction of any one garment mentioned above.

## **UNIT II Life Span Development and Children With Special Needs**

i) A special project based on oldage or adulthood / A project based on children with special needs.

**Practical note book**

**Viva voice**